## Grow @ Marinis Group

From:

Grow | Marinis Group

Sent:

Monday, 9 October 2017 2:51 PM

To:

Grow | Marinis Group

Subject:

'Spooky' October!

**Attachments:** 

2017 09 04 - Eureka Article - How to shelter from market storms.pdf

Dear Friends,

### 'Spooky' October!

Here we are again at the start of the 'scary' month, October. And it has nothing to do with Trick or Treats for Halloween on the 31st!

For those us of who have seen the century turn, we know that historically October is the month for correction in the investment markets. People often point to 1907, 1929, 1987 and more recently, October 2008 when the GFC peaked. This was also when the banking system had to be guaranteed by the UK government forcing most other western nations (including the then Rudd Labor government) to do the same, thus easing the panic of the GFC.

Yes, there have been some incredible corrections in October, but that is just coincidence. What leads to these 'breaks' is the irrational enthusiasm of investors pushing prices of shares way above their natural (or logical) points. Eventually, everyone realises the price is too high and then there is panic en masse in the rush to sell-down... often at any price.

The reason October gets such a bad reputation? It follows September.

In the Northern hemisphere, this is the end of the financial year. So companies and investors are effectively 'starting again'. During the July/August summer holidays, many people decide to do things differently over the following 12 months and so the changes all start to occur at the same time, and markets wobble.

So what can we do here in Australia?

Firstly, we can expect it. The most important thing is never to panic – panic is when impatient (or scared) people transfer their wealth to the patient and prepared. (My investment hero, Warren Buffett, is a master of taking advantage of this.)

If the market breaks, it means great stocks become available at a very low cost. So buying quality shares at 'fire-sale' prices, makes a lot of sense – if you have the cash to 'buy when there is blood in the streets,' as the colourful analogy goes.

The next approach, if we are in the draw-down phase, is to insulate ourselves via the 'Marinis Buffer.' Put simply, this is a reserve of cash worth 100 weeks of payments to you. In tough times, you call on this rather than selling good quality shares at low prices to fund your retirement.

#### This strategy has certainly protected our clients' portfolios over the years, including during the GFC!

Overall, a solid medium to long term investment strategy will protect you from 'spooky' investment events. These events are perfectly normal situations driven by the human conditions of greed and panic.

Avoid the greed and panic, and be the serene swan gliding on a beautiful blue lake.

Get spooked and you act irrationally – just like a dive-bombing September Magpie – risking self harm and harm to others by taking on forces which can't be beaten! (BTW I've never liked Magpies)!

So, stick to your plans. Expect there to be market corrections, and keep a medium to long-term view.

And one more thing....

Please find attached my recent Eureka report article "How to shelter from market storms" on this topic.

As always, if there is any issue with which I or any of my team can help, please don't hesitate to contact us on (08)

Kind Regards

Theo Marinis B.A., B.Ec., CPA., FPA® **Financial Strategist Authorised Representative** 



### **GROW @ Marinis**



Financial Strategies (SA) Pty Ltd | ABN 54 083 005 930 Trading as Marinis Financial Group | Australian Financial Services Licence No: 326403

P 08 8130 5130 | F 08 8331 9161 | E grow@marinisgroup.com.au A 67 Kensington Road, Norwood SA 5067 | W marinisgroup.com.au

If you do not wish to receive further messages of this nature, send a reply email with the word UNSUBSCRIBE in the subject box.

This message is confidential and may be privileged. It is intended only for the use of the addressee named above. If you are not the intended recipient, any unauthorised dissemination, distribution or copying is illegal. We do not guarantee the security or completeness of information hereby transmitted and we are not liable in either respect for any delay. Nothing in this message is intended as an offer or solicitation for the purchase or sale of any financial instrument. Any market prices or data, unless specifically verified and identified as such, are not warranted as to completeness or accuracy. It is the responsibility of the recipient to virus scan this email.

Home / SuperAdvice / How to shelter from market storms

## How to shelter from market storms

Market corrections do happen. The key is how to stay financially dry.

**Summary:** When markets do correct, as they invariably do, it's important not to overreact. The best strategy is to stick with your long-term investment plan, and use any downturn as a potential buying opportunity.

**Key take-out:** Keeping a cash buffer in place is a sound strategy to ensure any markets dips do not impact your normal cash flow.

Billionaire investor Warren Buffett once described the stock market as a highly efficient mechanism for the transfer of wealth from the impatient to the patient.

It's sage advice, from a market sage. And when does impatience really play out? Invariably it's when markets take a dip, and the herd mentality kicks in as investors sell into the panic.

The smart, and sensible advice is not to get sucked in, and to stick to your long-term strategy. But that's not always easy, so having some back-up financial plans in place makes a lot of sense.

If you are retired and living from your investments, over the last decade you will have become very used to a return of around 10 per cent.

Based on my usual advice to draw down 5 per cent per annum, those who have been taking \$50,000 per \$1 million over this period have had the great joy of seeing their investment capital barely fall, despite the Global Financial Crisis. (I refer to this as the 'Magic Pudding' effect, where you get to eat into your investment and the market replaces it).

I also advise retirees to make sure they are invested in index funds which track the market (exchange-traded funds). Historically this has proved to be a good proposition.

# Stay away from excessive financial commentary – keep a cash buffer

Buying index funds also means you are locked into the rise and fall of markets, so my advice is always to switch off from the market noise. It is about as stressful as it gets if you ride every bump and jolt the

market delivers on a daily basis.

You can also set up a wealth-proofing strategy which has stood the test of time. It entails nothing more complicated than keeping an equivalent of two years' income in cash.

There is no need to sell assets when they are falling in value. Just switch to living off the cash buffer, plus the income on your existing portfolio. This simple strategy provides very effective insurance against a market break, and was exactly what got many through the GFC with no medium- to long-term losses.

# You don't have to be on the breadline to use a Centrelink strategy

Designed to provide an effective social cushion to ensure that no pensioner in Australia should starve, Centrelink remains the ultimate insurance for retirees against a market downturn. Depending on how much money you have, if the market falls you may temporarily become eligible for a part pension – or even a full pension.

Whilst many are uncomfortable at the thought of applying for an Age pension, implementing a Centrelink strategy can cushion the impact of a downturn.

Remember that a combination of around \$300,000 invested, being drawn down at 5 per cent (or \$15,000 per annum) plus a full pension of \$603.40 per fortnight for each member of a couple, means an annual tax-free income of around \$46,375.80.

This isn't a bad position to be in, particularly if you own your own home. In the meantime, less income is required to be drawn down from your portfolio until the market stabilises and eventually recovers.

Similarly, homeowner pensioners in financial duress have the option of taking out a reverse mortgage to help them out; if structured correctly, this won't affect pension entitlements.

## A buying opportunity

If your retirement savings are still in accumulation phase you should consider market corrections as a great opportunity to buy good stocks cheaply.

These are the times to increase your super salary sacrifice contributions up to the maximum of \$25,000 per annum. If you have access to cash, now is probably a good time to make additional non-concessional contributions. Under the new regulations from 1 July 2017, the contribution cap is \$100,000 per year, or up to \$300,000 using the 'three year bring forward rule'.

So buying cheaply is a great way to maximise the medium- to long-term rewards from this approach.

### Don't take a short-term view

By staying with your strategy and not buying into market hysteria, you are way more likely to improve your financial position over the medium and long term.

Make sure you are invested in low-cost index funds. Following a passive approach will provide you with additional insurance.

The main message is not to fear market downturns. Take sensible precautions to make sure you are not being excessively exposed to a few 'picked' stocks or industries – and keep a cash buffer. Keep your eyes on the medium- to long-term strategy so you don't get distracted by the highs and lows.

